

AUTHOR GUIDELINES OF JURNAL GIZI DAN PANGAN (INDONESIAN JOURNAL OF NUTRITION AND FOOD)

Jurnal Gizi dan Pangan (Indonesian Journal of Nutrition and Food) is a scientific publication in nutrition and food sciences in the fields of human nutrition and food sciences, mostly in the context of developing and emerging countries, spanning the fields of nutritional biochemistry; nutrition care process in both clinical and community settings; functional, traditional, and novel foods; healthy diets; and sustainable food and nutrition. Published articles are original research articles and reviews (by invitation) on nutrition and food that have not been published elsewhere, nor are they under review by other scientific journals. Additionally, they must be the original work of the authors.

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The manuscript should be arranged with these sections: title, authors, affiliations, corresponding author's contact details, abstract, keywords, introduction (background and objectives), methods, results and discussion, conclusion, acknowledgments, and references.

The manuscript should be typed using Microsoft Word and Times New Roman font at size 12, with a 4-cm left margin and 3-cm right, top, and bottom margins. It must contain about 4,000 words, excluding title, list of authors, author affiliations, acknowledgments, declaration of conflict of interest, and references, with 1.5 spacing. Appendices are unnecessary. The manuscript should be given line numbers in the left margin and written in English. Figures should be sent in the JPEG format. Decimals should be written using dots, as opposed to commas (e.g., 22.5% or 22.5), numbers in the thousands and millions should be written using commas (e.g., IDR 25,500 or USD 1,000), and large numbers can be written in words (e.g., 2 million for 2,000,000).

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consisting of 10–15 words. A running title (6–8 words) for the header should be provided.

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CONTENT PAGE

Introduction. The introduction consists of the background of the study and research objectives. The background of the study should explain the state of the art of the topic by referring to pieces of local and international literature as primary references. Research gap should also be included.

Methods. The methods section consists of these subchapters: design, location, and time; sampling (non-laboratory research)/materials and tools (laboratory research); data collection (non-laboratory research)/procedure (laboratory research); and data analysis.

The author needs to write the ethical clearance number of their research. No tables or figures should be added to this section.

Results and Discussion. Results and discussion should be written in a single section. The results subsection presents data on the characteristics of the subjects/samples and findings of the research, while the discussion subsection contains arguments that relate and compare the findings with scientific theories, concepts, and findings from other studies. The discussion should be meaningful and not merely a restatement of the results. If applicable, implications of the research findings should be highlighted and supported with references.

Conclusion. This section contains answers to the research objectives and should not be a summary of the results. To provide recommendations is optional. Recommendations, if

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REFERENCES

List only references cited in the manuscript and should be alphabetized. Use relatively new references (should be from the last 10 years), with a ratio of primary references of about 80%. There should be 20–40 references, and at least one of them should be an article that has been published in Jurnal Gizi dan Pangan (Indonesian Journal of Nutrition and Food). The referencing style should be in accordance with the Harvard system, containing a name or names and year arranged in alphabetical order based on the author's last name or authors' last names. If there are more than 10 authors in a reference, write the first ten authors, followed by et al.

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Tuan NT, Nicklas TA. 2009. Age, sex, and ethnic differences in the prevalence of underweight and overweight, defined by using the CDC and IOTF cut points in Asian children. *Eur J Clin Nutr* 63(11):1305–1312. <http://dx.doi.org/10.1038/ejcn.2009.90>

Example of Books:

Gibson RS. 2005. *Principles of Nutritional Assessment*. 3rd Edition. New York (USA): Oxford University Press.

[MoH RI] Ministry of Health Republic of Indonesia. 2013. *Riset Kesehatan Dasar*. Jakarta (ID): MoH RI.

Example of Proceedings:

Muhilal & Hardinsyah. 2004. Penentuan Kebutuhan Gizi dan Kesepakatan Harmonisasi di Asia Tenggara dalam Soekirman dkk (Eds.), *Ketahanan pangan dan Gizi di Era Otonomi Daerah dan Globalisasi*. Prosiding Widyakarya Nasional Pangan dan Gizi VIII (page 302–307), 17–19th May. Jakarta (ID): LIPI.

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