



JURNAL GIZI DAN PANGAN

INDONESIAN JOURNAL OF NUTRITION AND FOOD

Jurnal Gizi dan Pangan

Volume 20, Number 2, July 2025

Articles

- Prevalence of overweight and obesity and its association with nutrition-related knowledge, attitudes and practices (KAP) among Malaysian deaf adults**
Anastasia Xin Wei Yap, Yee Xing You, Farisah Najwa Zaman, Ain Nasuha Azlan, Syar Meeze Mohd Rashid, Shanthi Krishnasamy, Muhamad Mustaqim M Zapawi, and Suzana Shahar 71
- Underreported energy intake methods with metabolic risk outcomes among overweight and obese teachers in East Coast, Malaysia**
Hana Fauziyyah, NurZetty Sofia Zainuddin, Divya Vanoh, Aqilah Hadhirah Hazizi, and Sri Zulyanti Mardhiah81
- Predictors of poor sleep quality among vegetarians: Insights from a study in Kuala Lumpur and Selangor, Malaysia**
Yuan Kei Ching, Yit Siew Chin, Mahenderan Appukutty, Yoke Mun Chan, and Poh Ying Lim 91
- A qualitative study of eating behaviour among on-campus students at a Malaysian Public University**
Zuraini Mat Issa, Mohammad Nazrin Nizamuddin, Ammar Daniel Abd Nasir, and Farapti Farapti 101
- Nutritional, antioxidant and glycemic response of dark chocolate prepared with sachai inchi oil**
Hasmiza Halib, Nurul Syafiqah Rozaimi, Anis Sofiya Awi, Nur Anis Syafiqah Taib, Abbe Maleyki Abd Jalil, Napisah Hussin, and Intan Anis Saupi 111
- Dietary knowledge, attitudes, practices and their association with demographic factors in type 2 diabetes patients**
Nur Zarith Sufia Mohamad Fadzli and Juliana Shamsudin 121
- Dark chocolate: A review on the effect of functional ingredient substitution on physicochemical properties, sensorial acceptance and potential health benefits**
Intan Anis Mohd Saupi, Abbe Maleyki Mhd Jalil, Hasimiza Halib, and Napisah Hussin 131

Editor in Chief : Dodik Briawan

Editorial Board : Ali Khomsan
Amin Ismail
Ardiansyah
Hayati Mohd Yusof
Mira Dewi
Nobuko Murayama
Phumon Sookwong
Saskia de Pee
Siti Muslimatun
Sri Anna Marliyati

Managing Editor : Zuraidah Nasution

Section Editors : Anna Vipta Resti Mauludyani
Eny Palupi
Hana Fitria Navratilova
Karina Rahmadia Ekawidyani
Muhammad Aries
Purnawati Hustina Rachman
Yessi Crosita

Administrative Staff : Zhahrina Nasution

Publication Fee : IDR 1,500,000 (150 US\$ Full amount)

Publication Frequency : Three times a year (March, July, and November)

Subscription Rate : IDR 250,000 /year (not including shipping rate and handling)
Bank BNI account number: 0266948576
SWIFT Code: BNINIDJABGR
Account name: Dodik Briawan

Editorial Address : Secretariat of Jurnal Gizi dan Pangan
(Indonesian Journal of Nutrition and Food)
Department of Community Nutrition, Faculty of Human Ecology
IPB University, Dramaga, Bogor 16680
Telephone: (0251)8621363; Email: jgp@apps.ipb.ac.id

Jurnal Gizi dan Pangan (Indonesian Journal of Nutrition and Food) is routinely published three times per year since 2006 and received accreditation from Ministry of Research, Technology, and Higher Educational Decree Number 28/E/KPT/2019 in 26 September 2019. This journal focuses on research publications in the fields of human nutrition and food sciences, nutrition care process in both clinical and community settings, functional, traditional and novel foods, healthy diets, as well as sustainable food and nutrition.