

# AUTHOR GUIDELINES OF JURNAL GIZI DAN PANGAN (JOURNAL OF NUTRITION AND FOOD)

Jurnal Gizi dan Pangan (Journal of Nutrition and Food) is a scientific publication in the field of nutrition and food related to aspects of biochemistry, clinical nutrition, community nutrition, functional foods, and socio economy aspects of nutrition and food, including nutrition and food information and regulation. Published articles are original research articles and reviews (by invitation) on nutrition and food that have not been published elsewhere or under review process in other scientific journals and they must be the original work of the authors.

## GENERAL INSTRUCTIONS

The manuscript is arranged with these chapters: Title, Authors, Affiliations and corresponding author's contact details, Abstract, Keywords, Introduction (Background and Objectives), Methods, Results and Discussion, Conclusions, Acknowledgment and List of References.

The manuscript is typed using MS-Word, Times New Roman font 12, left margin 4 cm, and right, top and bottom margin 3 cm. It should be maximum 20 pages with 1.5 space. Appendices are unnecessary. Manuscript should be given line number at the left margin. Manuscript should be written in English. Figures should be sent in JPEG format. Decimals should be written using dot, not comma (22.5% or 22.5); numbers in thousands and millions should be written using comma (Rp 25,500 or \$ 1,000); large numbers can be replaced with words (2 millions for 2,000,000).

## TITLE PAGE

**Title.** Manuscript title consists of important and interesting keywords (variables) and it is not necessarily the same as the title of the research report/final project. Using words such as "influence", "relationship", and "analysis" should be avoided. The title should be written in English, consisting of 10–15 words. Running title (6–8 words) for header should be provided.

**Authors.** List of authors consists of full name of each authors (without academic title), institutions/affiliations with full address and postal code, and phone number as well as electronic mail (e-mail) address of corresponding author.

**Abstract.** Abstract contains a brief description of the research objectives, methods, results, and implications in a single paragraph. Abstract should be written in not more than 300 words with single spacing. Keywords should reflect content of the manuscript. Keywords consist of 3–5 words and should be alphabetized.

## CONTENT PAGE

**Introduction.** Introduction consists of background of study and research objectives t. Background of study should explain the state of the art of the topic, by referring to local and international literatures as primary references.

**Methods.** Methods section consists of these subchapters: research design, research location and time; sampling method (survey), subjects/sample materials, data collection methods/procedures, analytical tools; (laboratory); and data analysis methods.

The author needs to write the information of the ethical clearance number of their research.

In this part, there should not be any tables or figures added.

**Results and Discussion.** This section should be written in one chapter. The results section presents data of characteristics of subjects/samples and findings of the research, while the discussion section contains arguments that relate and compare the findings with scientific theories, concepts, and findings from other researches. Discussion section should be meaningful and not merely showcasing the results (tables and figures). Highlight implications of the research findings and support them using primary references.

**Conclusion.** This section contains answers to the research objectives and it should not be a summary of the results.

To provide recommendations is optional and they should be written in a separate paragraph within the conclusion section. Recommendations could be implications of the programs and future researches that are important to be carried out based on the current research results.

**Acknowledgement.** This section contains acknowledgments to research grant donors or sponsors, contributors of samples/materials and providers of research facilities. Individual names should be written without their academic titles.

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## LIST OF REFERENCES

List only references cited in the manuscript. Use relatively new references (should be from the last 10 years), with the ratio of primary references about 80%. Number of references should be between 10–20 references and less than 30, at least one of them cited one article that has been published in Journal of Nutrition and

Food. Referencing style should be prepared according to Harvard system, containing name and year arranged in alphabetical order based on the authors' last names. Maximal 10 author names can be written; if there are more than 10 authors in a reference, write the first ten authors and followed with *et al.*

In-text citation is differentiated between writing it at the beginning or the end of a sentence, e.g. for a single author: Khomsan (2014) or (Khomsan 2014); for two authors: Khomsan and Sukandar (2010) or (Khomsan & Sukandar 2010); for more than two authors Khomsan *et al.* (2013) or (Khomsan *et al.* 2013).

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#### **Journals:**

- Tuan NT, Nicklas TA. 2009. Age, sex, and ethnic differences in the prevalence of underweight and overweight, defined by using the CDC and IOTF cut points in Asian children. *Eur J Clin Nutr* 63(11):1305–1312. <http://dx.doi.org/10.1038/ejcn.2009.90>.
- Sukandar D, Khomsan A, Herawati T. 2009. Kajian program pemberdayaan ekonomi keluarga untuk peningkatan akses pangan. *J Gizi Pangan* 4(3):157–166.

#### **Books:**

- Gibson RS. 2005. *Principles of Nutritional Assessment*. 3rd Edition. New York (USA): Oxford University Press.
- Sherwood L. 2011. *Fisiologi Manusia dari Sel ke Sistem* (Brahm UP, penerjemah). Jakarta (ID): EGC.
- [MoH] Ministry of Health Indonesia. 2013. *Riset Kesehatan Dasar*. Jakarta (ID): MoH RI.

#### **Articles in Proceedings:**

- Muhilal & Hardinsyah. 2004. Penentuan Kebutuhan Gizi dan Kesepakatan Harmonisasi di Asia Tenggara dalam Soekirman dkk

(Eds.), *Ketahanan pangan dan Gizi di Era Otonomi Daerah dan Globalisasi*. Prosiding Widyakarya Nasional Pangan dan Gizi VIII (page 302–307), 17–19th May. Jakarta (ID): LIPI

#### **Final project (Undergraduate Thesis, Thesis, Dissertation)**

- Friska T. 2002. Penambahan sayur bayam (*Amaranthus tricolor* L.), sawi (*Brassicajuncea* L.), dan wortel (*Daucus carota* L.) pada pembuatan crackers tinggi serat makanan [Undergraduate Thesis]. Bogor: IPB University.

#### **Internet:**

- [WHO] World Health Organization. 2009. Key strategies for promotion of breastfeeding: Facts and Figures. World Health Organization Western Pacific Region <http://www.wpro.who.int/internet/resources.ashx/NUT/Global+Facts+and+Figures.pdf> [Accessed 9th April 2011].

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#### **Manuscript publication fee:**

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Upload the manuscript in a Microsoft Word file to <http://journal.ipb.ac.id/index.php/jgizipangan/login>

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