This first supplement issue of the Indonesian Journal of Nutrition and Food features the presentations given at the 1st International Conference on Food, Nutrition and Health that was organized by Centre for Dietetics Studies, Faculty of Health Sciences, Universiti Teknologi MARA which was held virtually on 19-20 September 2023. These papers were reviewed by the Scientific Committee of ICFNH 2023 before their presentation, but they did not undergo the conventional reviewing system of the Indonesian Journal of Nutrition and Food. The Indonesian Journal of Nutrition and Food, Bogor, Indonesia © Copyright 2024

SCIENTIFIC COMMITTEE MESSAGE FROM 1st ICFNH 2023

The 1st International Conference on Food, Nutrition and Health (ICFNH) 2023 was orga-

nized virtually by Centre for Dietetics Studies, Faculty of Health Sciences, Universiti Teknolo-

gi MARA. The main objective of this conference is to share the latest information on food,

nutrition and health. ICFNH 2023 also serves as an opportunity for researchers, practitioners,

students and other interested parties to share their research and ideas in this field. During the

ICFNH 2023, a lively discussion were observed among young nutrition and dietetic students

and researchers with senior researchers, professors, and thought leaders in the world of food

and nutrition.

The organizing committee of the ICFNH 2023 had chosen to focus on "Curating Health

through Nutrition: A Shared Responsibilities" as the theme of the conference. The articles pre-

sented in this first supplement issue are selected from the 19 oral presentations covering six

themes of ICFNH 2023.

The publication of this first issue of ICFNH 2023 supplement is supported by the Indone-

sian Journal of Nutrition and Food. We do hope this supplement issue can contribute as a source

of scientific information in the field of food, nutrition and health for our readers.

On behalf of the 1st ICFNH 2023,

Syahrul Bariah Abdul Hamid, MSc, PhD

Head of Scientific Committee

Guest Lead Editor of 1st Issue

MANUSCRIPT REVIEWERS & EDITORS

Dr. Syahrul Bariah Abdul Hamid (Head of Scientific Committee ICFNH 2023)

Agil Dhiemitra Aulia Dewi, MSc.

Assoc. Prof. Siti Sabariah Buhari, MSc, PhD

Ceria Ciptanurani, MSc.

Chen Seong Ting, PhD

Emmy Hainida Khairul Ikram, MSc, PhD

Farhanah Ahmad Shuhaimi, MSc.

Farida Nur Isnaeni, MSc.

Fitriana Mustikaningrum, Msc.,

Karina Rahmadia Ekawidyani, MSc., MD

Kurnia Maratus Solichah, MSc

Mohd Ramadan Ab Hamid, MSc, PhD

Naleena Devi Muniandy, MSc, PhD

Nazrul Hadi Ismail, MSc.

MANUSCRIPT REVIEWERS & EDITORS

Noor Salihah Zakaria, PhD

Norhayati Abd. Hadi, MSc., PhD.

Nur Lathifah Mardiyati, MSc.

Nur Suraiya Binti Abu Hassan Shaari, PhD

Sadaf Shakoor, PhD

Sharifah Shafinaz Binti Sharif Abdullah, MSc., PhD.

Uttaphon Issara, PhD

Yessi Crosita Octaria, MSc., PhD.

Zamzaliza Abdul Mulud, MSc., PhD

TABLE OF CONTENTS

ARTICLE CODE	ARTICLE TITLE	PAGE
among Chronic L	ital Nutrition Prioritizing Tools (RFH-NPT): Predictiver Disease Patients ab and Syahrul Bariah Abdul Hamid	
A Qualitative The	s' Perceived Facilitators and Barriers to Clinical Tory-Guided Analysis hah Eshamuddin, Lim Jun Hao, and Chin Yi Ying	-
in Hospital Ampar Siti Anissa Mohd	s and Factors Affecting Food Intake among Hosping Nasir, Izyan Faiqah Shaharuddin, Nazrul Hadi I Zaman, and Siti Ramlah Rasimun	smail,
in Banten, Indone	nd Dietary Adherence in Individuals with Type 2 esia irunnisa Salim Ridwan, and Agil Dhiemitra Aulia	
Study Protocol (T. <i>Mazuin Kamarul L</i>	Restricted Eating on Cardiometabolic and Cardio (RES) Zaman, Nur Islami Mohd Fahmi Teng, Sazzli Sha iana	ahlan Kasim,
Norfarhana Md So	ement for Acute Stroke with Right-Sided Hemipa aid, Nur Islami Mohd Fahmi Teng, Nurnajwa Mo l Rahim	ohamed Denil,
Fibrillation Secon Noor Izati Roslan,	onal Intervention for Patient with Cerebrovasculandary to Hypertensive Emergency , Aina Nadhra Ahmad Zamuri, Mohd Ramadan Anna binti Baharudin	4b. Hamid,
	p between Folic Acid Intake and Depression amo	
Military Person	ween Sleep, Stress and BMI with Chrononutrition nel in Malaysia hd Suki and Mazuin Kamarul Zaman	_
Students in Mala Emmy Hainida I	affeine Consumption on Sleep Quality among Un aysia Khairul Ikram, Nur Afifah Rosli, Azizah Mat Hus iannah Chasni	ssin,

TABLE OF CONTENTS

ARTICLE CODE	ARTICLE TITLE	PAGE
Public Univer	Attitude and Behavior of Dietary Salt Intake among Staff at a rsity in Selangor lan Ab Hamid and Azni Afifah Mat Jani	
Tenggara Prov Rizkia Rachm	ting Chronic Energy Deficiency among Pregnant Women in ovince, Indonesia ni, Avliya Quratul Marjan, Dian Luthfiana Sufyan, Yahyuningsih	
Tourists in Ma Nazrul Hadi Is	ecurity Issues in Gastronomy Tourism among Local and Inte alaysia Ismail, Nur Quratul Aini Zulfa, Alina Shuhaida Muhammad Mad Sharif, and Norazmir Md Nor	Ramly,
Oil Oleogel Izzreen Ishak,	Saturated Fat in Dark Chocolate using Sacha Inchi (<i>Plukene</i> Nur Ezzatul Balqish Ismail, Nabilah Shahiqah Yahaya, oni, Nafisah Musa, Arnida Hani Teh, and Maaruf Abd Ghani	
	as Potential Prebiotic and Functional Ingredient Nurul Nadiah Mohd Arifin, and Mohd Redzwan Sabran	119
	and Validation of a Website on Early Childhood Nutrition Esam and Naleena Devi Muniandy	127
Status of Chi	nowledge, Attitude and Practices and its Influence toward Nuildren in Terengganu Syahirah Juhari and Wee Bee Suan	
A Quasi-Exp	of Nutritional Status among Children Using WHO Anthro Aperimental Study ca Fauzia and Aldira Pangesti	
School Child	between Sociodemographic Factors with Nutritional Status a dren in Setiu, Terengganu, Malaysia ssin, Nurul Liyana Mamat, Hasmiza Halib, and Wong Chee	