

AUTHOR GUIDELINES OF JURNAL GIZI DAN PANGAN (INDONESIAN JOURNAL OF NUTRITION AND FOOD)

Jurnal Gizi dan Pangan (Indonesian Journal of Nutrition and Food) is a scientific publication in the field of nutrition and food related to aspects of biochemistry, clinical nutrition, community nutrition, and functional foods, as well as the socio-economic aspects of nutrition and food, including nutrition and food information and regulation. Published articles are original research articles and reviews (by invitation) on nutrition and food that have not been published elsewhere or are under a review process in other scientific journals, and they must be the original work of the authors.

GENERAL INSTRUCTIONS

The manuscript is arranged with these section: title, authors, affiliations, and corresponding author's contact details, abstract, keywords, introduction (background and objectives), methods, results and discussion, conclusion, acknowledgments, and list of references.

The manuscript is typed using MS-Word and Times New Roman font at size 12, with 4 cm left margin and 3 cm right, top, and bottom margins. Total of words are 4,000 excluding title, list of authors, author, affiliations, acknowledgement, declaration of interests, and list of references with 1.5 space. Appendices are unnecessary. The manuscript should be given line numbers at the left margin and be written in English. Figures should be sent in the JPEG format. Decimals should be written using dot, not comma (22.5% or 22.5); numbers in thousands and millions should be written using comma (Rp25,500 or \$1,000); large numbers can be written in words (2 million for 2,000,000).

TITLE PAGE

Title. The manuscript title consists of important and interesting keywords (variables), and it is not necessarily the same as the title of the research report/final project. Use of words such as "influence", "relationship", and "analysis" should be avoided. The title should be written in English, consisting of 10–15 words. A running title (6–8 words) for header should be provided.

Authors. The list of authors consists of full names of authors (without academic title), institutions/affiliations with full addresses and postal codes, and the phone number as well as electronic mail (e-mail) address of the corresponding author.

Abstract. The abstract contains a brief description of the research objectives, methods, results, and implications in a single paragraph.

It should be written in no more than 300 words with single spacing. Keywords should reflect the content of the manuscript. Keywords consist of 3–5 words and should be alphabetized.

CONTENT PAGE

Introduction. The introduction consists of the background of the study and research objectives. The background of the study should explain the state of the art of the topic by referring to pieces of local and international literature as primary references. Research gap should also be included.

Methods. The methods section consists of these subchapters: Design, location, and time; Sampling (non-laboratory research) / Materials and tools (laboratory research); Data collection (non-laboratory research) / Procedure (laboratory research); and Data analysis.

The author needs to write the ethical clearance number of his or her research. In this part, there should not be any tables or figures added.

Results and Discussion. Results and discussion should be written in a single chapter. The results section presents data of the characteristics of the subjects/samples and findings of the research; while the discussion section contains arguments that relate and compare the findings with scientific theories, concepts, and findings from other researches. The discussion should be meaningful and should not be only restatement of the results. If applicable, implications of the research findings should be included and supported with references.

Conclusion. This section contains answers to the research objectives and it should not be a summary of the results. To provide recommendations is optional. Recommendations should be written in a separate paragraph within the conclusion section. They can be implications of programs and future research that are important to be carried out based on the current research results.

Acknowledgement (if applicable). This section contains acknowledgments for contributions given, but do not justify authorship. Contributions include research grant donors or sponsors, contributors of samples/materials, providers of research facilities and other types of contributions. Individual names should be written without their academic titles.

Declaration of interests. Write down "The authors have no conflict of interest" if the authors do not have any conflict of interest in preparation of the manuscript.

LIST OF REFERENCES

List only references cited in the manuscript. Use relatively new references (should be from the last 10 years), with a ratio of primary references of about 80%. There should be 20–40 references and at least one of them should be an article that has been published in *Jurnal Gizi dan Pangan* (Indonesian Journal of Nutrition and Food). The referencing style should be in accordance with the Harvard system, containing name(s) and year arranged in alphabetical order based on the author or authors' last name(s). If there are more than 10 authors in a reference, write the first ten authors then followed with *et al.* Authors

In-text citation is differentiated between writing it at the beginning and writing it at the end of a sentence, e.g., for a single author: (Khomsan 2014); for two authors: (Khomsan & Sukandar 2010); for more than two authors: (Khomsan *et al.* 2013); for more than one reference: (Khomsan *et al.* 2010; Briawan *et al.* 2015). One paragraph consists of at least two sentences.

Authors are suggested to use reference management software, e.g., Mendeley, Zotero, EndNote, etc. Check the following guidelines when writing list of references.

Journals:

Olive LS, Sciberras E, Berkowitz TS, Hoare E, Telford RM, O'neil A, Mikocha-Walus A, Evans S, Hutchinson D, McGillivray JA *et al.* Child and parent physical activity, sleep, and screentime during covid-19 and associations with mental health: Implications for future psycho-cardiological disease? *Front Psychiatry* 2332. <https://doi.org/10.3389/fpsy.2021.774858>

Sukandar D, Khomsan A, Herawati T. 2009. Kajian program pemberdayaan ekonomi keluarga untuk peningkatan akses pangan. *J Gizi Pangan* 4(3):157–166

Tuan NT, Nicklas TA. 2009. Age, sex, and ethnic differences in the prevalence of underweight and overweight, defined by using the CDC and IOTF cut points in Asian children. *Eur J Clin Nutr* 63(11):1305–1312. <http://dx.doi.org/10.1038/ejcn.2009.90>

Books:

Gibson RS. 2005. *Principles of Nutritional Assessment*. 3rd Edition. New York (USA): Oxford University Press.

Sherwood L. 2011. *Fisiologi Manusia dari Sel ke Sistem* (Brahm UP, penerjemah). Jakarta (ID): EGC.

[MoH RI] Ministry of Health Republic of Indonesia. 2013. *Riset Kesehatan Dasar*. Jakarta (ID): MoH RI.

Articles in Proceedings:

Muhilal & Hardinsyah. 2004. Penentuan Kebutuhan Gizi dan Kesepakatan Harmonisasi di Asia Tenggara dalam Soekirman dkk (Eds.), *Ketahanan pangan dan Gizi di Era Otonomi Daerah dan Globalisasi*. Prosiding Widyakarya Nasional Pangan dan Gizi VIII (page 302–307), 17–19th May. Jakarta (ID): LIPI.

Final project (Undergraduate Thesis, Thesis, Dissertation)

Friska T. 2002. Penambahan sayur bayam (*Amaranthus tricolor* L.), sawi (*Brassicajuncea* L.), dan wortel (*Daucus carota* L.) pada pembuatan crackers tinggi serat makanan [Undergraduate Thesis]. Bogor: IPB University.

Internet:

[WHO] World Health Organization. 2009. Key strategies for promotion of breastfeeding: Facts and Figures. World Health Organization Western Pacific Region <http://www.wpro.who.int/internet/resources.ashx/NUT/Global+Facts+and+Figures.pdf> [Accessed 9th April 2011].

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