

Immobilization of *Lactobacillus plantarum* B134 Cells using Sodium Alginate for Lactose Hydrolysis in UHT Milk

Lusiana Kresnawati Hartono¹, Tatik Khusniati^{2*}, I Made Artika¹, Sulistiani², Abdul Choliq²

¹Department of Biochemistry, Bogor Agricultural University (IPB), Bogor 16680, Indonesia

²Research Center for Biology – Indonesian Institute of Sciences (LIPI), Bogor 16911, Indonesia

Received: 15 July 2014; Accepted 15 August 2014

*Corresponding author: Dr. Ir. Tatik Khusniati, M.App.Sc; Research Center for Biology – Indonesian Institute of Sciences (LIPI); Jalan Raya Jakarta-Bogor Km. 46, Cibinong, Bogor 16911, Indonesia, Telp. : +6281381686438 ; Email: tatikhusni@yahoo.com

ABSTRACT

*Hydrolysis of lactose in milk by β -galactosidase from immobilized bacterial cells has the potential to alleviate the problem of lactose intolerance. The present study was aimed to immobilize cells of *L. plantarum* strain B134 and evaluate their efficiency in hydrolyzing lactose in ultra high temperature (UHT) milk. Immobilized cells were generated by mixing cell suspensions with solutions of sodium alginate and calcium chloride. The β -galactosidase activity of the immobilized cells was tested by determining their ability in hydrolyzing lactose in UHT milk (whole milk and skimmed milk). Results showed that cells of *L. plantarum* strain B134 were entrapped optimally using a combination of 1% sodium alginate, 100 mM calcium chloride and 12% w/v cell suspension. The highest β -galactosidase activity was achieved at pH 6.5 and a temperature of 45°C for 5 minutes incubation time. The immobilization efficiency achieved was 28.95%. The immobilized cells could reduce lactose by up to 85.45% in UHT whole milk and 91.26% in UHT skimmed milk. The times required for that reduction of lactose in UHT whole milk and UHT skimmed milk were 12 hours and 9 hours respectively. The immobilized cells could be re-used up to 4 times for efficient lactose hydrolysis for both types of milk. Therefore, immobilized cells of *L. plantarum* B134 have the potential to be used for lactose hydrolysis in UHT milk.*

Keywords: *Lactobacillus plantarum* B134, cell immobilization, β -galactosidase, UHT Milk

1. INTRODUCTION

Milk is a nutritious dairy product with a high level of nutrition. However, lactose intolerant individuals have insufficient amounts of β -D-galactosidase to digest lactose, a sugar

found in milk. This causes discomfort in affected children and adolescents worldwide, causing abdominal pain, nausea, flatulence and bloating (Kishore and Kayastha 2012). Lactose intolerance is common occurred in people from

Asia, Africa, the Middle East, the Mediterranean countries, as well as amongst Australian Aborigines (BPOM 2008). The enzymatic hydrolysis of lactose in milk and milk products by β -D-galactosidase alleviates the problem of lactose intolerance, which assist in the disposal of whey, and the problem of crystallization of lactose in different food products (Makkar *et al.* 1981).

A number of β -galactosidases have been studied for their potential application in the hydrolysis of lactose. The enzymes are essentially from yeast, fungal, and bacterial sources (Makkar *et al.* 1981). Lactic Acid Bacteria (LAB) are potential producers of β -galactosidase. *Lactobacillus* sp. is one of the LAB often used in the production of fermented food products and beverages, hence its safety is guaranteed by generally regarded as safe (GRAS) (Sumanthy *et al.* 2012, FAO 2006). *Lactobacillus bulgaricus* was reported to have the ability to reduce lactose content up to 50-60% (Wierzbicki and Kosikowski 1973).

Enzymes are expensive to be discarded after a single use, which often makes their commercial exploitation uneconomic. This limitation can be addressed by the coupling of enzymes with a suitable support material using various immobilization techniques. Compared to soluble β -galactosidase, immobilized β -galactosidase may provide many advantages in the production of lactose reduced dairy products (Kishore and Kayastha 2012). Immobilized enzymes can be used repeatedly to manufacture products of good quality (Illanes *et al.* 2008). Research conducted by Grosova *et al.* (2009), Klein *et al.* (2013) showed that immobilized β -galactosidase can reduce levels of lactose in milk by up to 70%.

Immobilization can also be performed on microbial cells which produce β -galactosidase. Microbes can produce β -galactosidase as intracellular or extracellular enzymes. Bacteria and yeast can produce β -galactosidase as intracellular enzymes while fungi produce it as extracellular enzymes (Panesar *et al.* 2010). Panesar (2007) reported that the lactose level in skimmed milk decreased to 87.8% following the addition of immobilized cells of *Kluyveromyces marxianus*. Similarly, the immobilized cells of *Kluyveromyces marxianus* can reduce levels of lactose in whey by up to 81.2% (Singh and Singh 2012). Immobilized cells exhibit many advantages over free cells, such as relative ease of product separation, reuse of biocatalysts, high volumetric productivity, improved process control and reduced susceptibility of cells on contamination (Goksungur and Zorlu 2001).

One of the most widely used matrices for cell immobilization is calcium alginate as a gel. It is widely used for whole cell entrapment due to its simplicity and non-toxic character. It has been applied for the immobilization of a large number of different types of cells such as bacteria, cyanobacteria, algae, fungi, yeast, plant protoplasts, and plant and animal cells (Goksungur and Zorlu 2001).

Lactobacillus plantarum strain B134 is a lactic acid bacterium isolated from mustard greens fermentation whose β -galactosidase characteristics have been studied (Hartono 2013). The present study was intended to evaluate the effectiveness of immobilized *L. plantarum* B134 in hydrolysing lactose in UHT milk.

2. MATERIALS AND METHODS

Preparation of *Lactobacillus plantarum* strain B134 cell

L. plantarum strain B134 was obtained from the *Microbiology Culture Collection*, LIPI, Cibinong, Indonesia. Firstly, the *L. plantarum* B134 cells were cultivated in MRS (de Man, Rogosa, Sharpe) medium for 18 hours at 37°C. Cells were then harvested by centrifugation (KUBOTA 6500) at 9.500 rpm using fixed angle rotor AG-2506, 4°C, for 15 min. The pellet obtained was used for cell immobilization.

Cell Immobilization

Cell immobilization was carried out by firstly mixing cell suspensions and sodium alginate. The mixture was then transferred into a syringe. Gel beads were generated by dropping the mixture into a 50 mL CaCl₂ solution with stirring at 100 rpm, followed by incubation for 1 hour at 4°C. Gel beads were filtered and washed with distilled water 3x.

Optimization of CaCl₂ for cell immobilization

To determine the optimum concentration of CaCl₂ for cell immobilization, CaCl₂ solutions of different concentration (100 mM, 300 mM and 500 mM) were mixed with cells (4% w/v) and sodium alginate (1% w/v). Following the generation of cell beads, β-galactosidase activity of the immobilized cells was determined. Experiments were carried out in triplicate.

Optimization of sodium alginate concentration for cell immobilization

To determine the optimum concentration of sodium alginate for cell immobilization, sodium alginate solution of different concentrations

(0.5% w/v, 1% w/v, 2% w/v, and 3% w/v) was mixed with cells (4% w/v) and CaCl₂ (0.1% w/v). Following the generation of cell beads, β-galactosidase activity of the immobilized cells was determined. Experiments were carried out in triplicate.

Optimization of cell concentration for cell immobilization

To determine the optimum concentration of bacterial cells for cell immobilization, cells of different concentrations (4 % w/v, 8 % w/v, and 12% w/v) were mixed with sodium alginate (1% w/v) and CaCl₂ (0.1% w/v). Following the generation of cell beads, β-galactosidase activity of the immobilized cells was determined. Experiments were carried out in triplicate.

Determination of protein concentration

Protein concentrations were determined by the Bradford method (1976), using bovine serum albumin as protein standard.

Determination of β-galactosidase activity

The β-galactosidase activity was determined by using the method of Liu *et al* (2009) with modification. 1 mL of 0.1 M tris-HCl pH 7.0 buffer and cell beads were incubated at 37°C for 5 minutes. After the addition of 200 μL of *o*-nitrophenyl-beta-d-galactopyranoside (*o*-NPGal) (2 mg/mL), the mixture was incubated at the same condition for 5 minutes. To stop the reaction, 1 mL of 1 M Na₂CO₃ was added. The amount *o*-nitrophenol (*o*-NP) liberated as a product of hydrolysis was measured spectrophotometrically at a wavelength of 420 nm. The optimum incubation time for β-galactosidase activity assay used in

this study was determined by incubating the mixture for 0, 5, 10, 15, 20, 25, and 30 minutes followed by determination of amounts of *o*-nitrophenol (*o*-NP).

Determination of effect of pH on β -galactosidase activity

To determine the effects of pH on β -galactosidase activity, the β -galactosidase of the immobilized cells was assayed in a 100 mM Tris-HCl buffer solution with different pH values (5.0, 5.5, 6.0, 6.5, 7.0, 7.5, and 8.0). Experiments were carried out in triplicate.

Determination of effect of temperature on β -galactosidase activity

To determine the effects of temperature on β -galactosidase activity, the β -galactosidase activity of the immobilized cells was assayed in a 100 mM Tris-HCl buffer solution at different temperature (25°C, 30°C, 35°C, 40°C, 45°C, 50°C, and 55°C). Experiments were carried out in triplicate.

Hydrolysis of lactose by immobilized cells in a batch process

To determine the efficiency of lactose hydrolysis by the immobilized cells, immobilized cells were added into 5 mL of UHT milk (skim and whole milk) as per Kishore and Kayastha 2012. The mixture was then incubated at 37°C for 24 hours. 250 μ L aliquots of sample was taken every 3 hours since the start of incubation. The concentration of the liberated glucose was estimated using the GOD-POD method. Experiments using free cells were carried as a control. Experiments were performed in duplicate. The percentage of the unhydrolysed lactose was calculated as:

% unhydrolysed lactose :
(glucose present without treatment with immobilized cells / glucose present after treatment with immobilized cells) x 100%

A plot was generated with % unhydrolysed lactose vs time

Determination of glucose concentration

Glucose concentrations were determined by using the GOD-POD kit. Milk samples were centrifuged at 10.000 rpm (15880 g) for 5 minutes. The supernatants were collected for glucose assay.

Determination of reusability of immobilized cells

To determine the reusability of the immobilized cells, 5 mL of milk was mixed with immobilized cells. The mixture was incubated at 37°C for 12 hours when using UHT whole milk, and for 9 hours when using UHT skimmed milk, followed by determination of glucose concentration. The immobilized cells were then recovered by washing with distilled water and were used for the next batch. The immobilized cells were re-used by repeating the experiment for 4 batches.

Statistical analysis

Immobilization of *Lactobacillus plantarum* B134 cells used completely randomized design. The variables and their levels selected for obtaining immobilization were: CaCl₂ concentration (100 mM, 300 mM, 500 mM), amount of sodium alginate (0.5%, 1%, 2%, and 3% w/v), amount of cell (4%, 8%, 12% w/v), pH values (5.0, 5.5, 6.0, 6.5, 7.0, 7.5, and 8.0), temperature (25°C, 30°C, 35°C, 40°C, 45°C, 50°C, and 55°C). Data were analyzed

using SPSS 16.0. All experiments were done in triplicate and average of *o*-NP product obtained was taken as dependent variable or response (Y). The mathematical relationship relating the variables to the responses can be calculated by linier model equation (Ott 2001):

$$Y_{ij} = \mu + \tau_i + \varepsilon_{ij}$$

Where Y_{ij} is observation on j th experimental unit receiving treatment i , μ is overall treatment mean, τ_i is an effect due to treatment i , ε_{ij} is a random error associated with the response from the j th experimental unit receiving treatment i . Statistical analysis of the model was performed to evaluate the analysis of variance (ANOVA) with $\alpha=0.05$. If the test result differs significantly then Duncan's test was done.

3. RESULTS

Optimal concentrations of CaCl₂, sodium alginate, and culture cells, for cell immobilization.

Based on the amount of *o*-NP product generated following hydrolysis of *o*-NPGal substrate by immobilized cells of different

CaCl₂ concentrations, it was found that the optimum concentration of CaCl₂ for immobilization of *L. plantarum* B134 cells was 100 mM (Fig 1). Similarly, the optimum concentrations of sodium alginate for cell immobilization was 1% (Fig 2), and the optimum cell concentration was 12% (Fig 3).

Optimum pH, temperature, and incubation time for β -galactosidase assay.

Some factors such as pH, temperature, and incubation time influence the β -galactosidase assay. Based on the amount of *o*-NP product released following hydrolysis of *o*-NPGal substrate by the β -galactosidase producing-immoblized cells, the optimum pH, temperature, and incubation time for β -galactosidase assay was 6.5 (Fig 4), 45°C (Fig 5), and 5 min (Fig 6) respectively.

Optimum incubation time for lactose hydrolysis

The optimum incubation time for lactose hydrolysis was determined based on the percentage of the unhydrolysed lactose

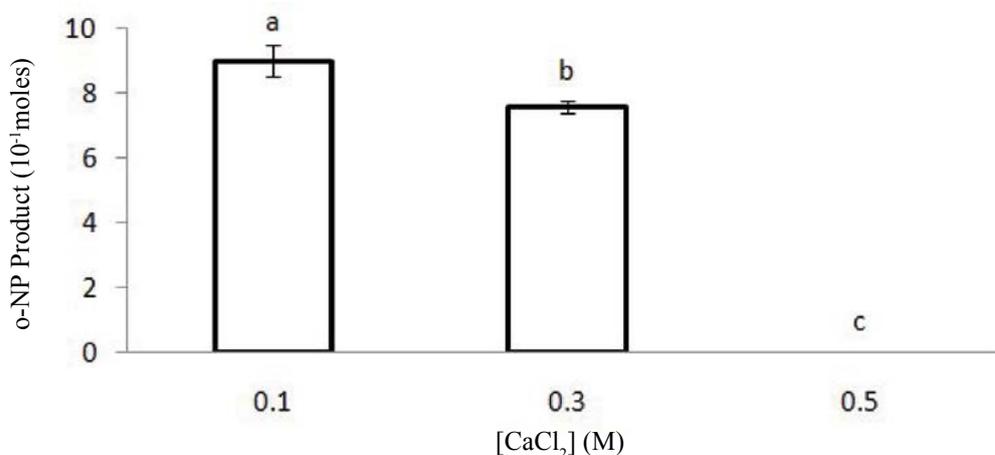


Figure 1 Amount of *o*-NP produce by *L. plantarum* B134 cell at various CaCl₂ concentrations. Different letters showed data significantly different based on Duncan's test SPSS 16.0 software

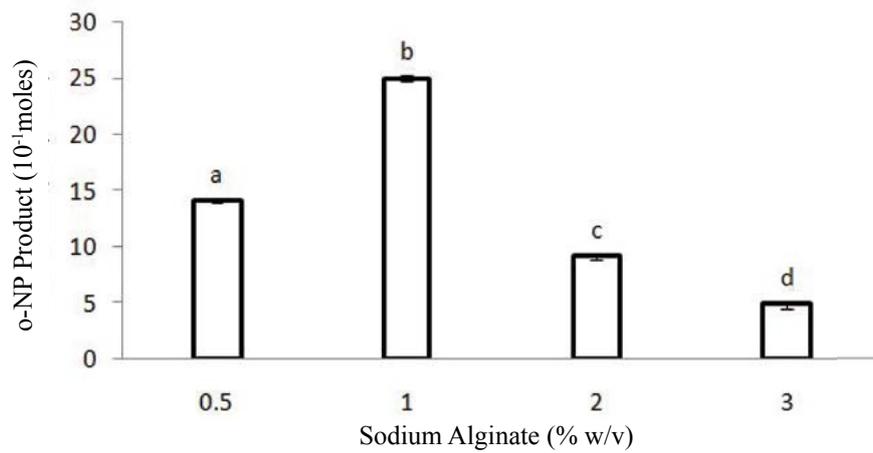


Figure 2 Amount of *o*-NP produce by *L. plantarum* B134 cells at various sodium alginate concentrations. Different letters showed data significantly different based on Duncan's test SPSS 16.0.

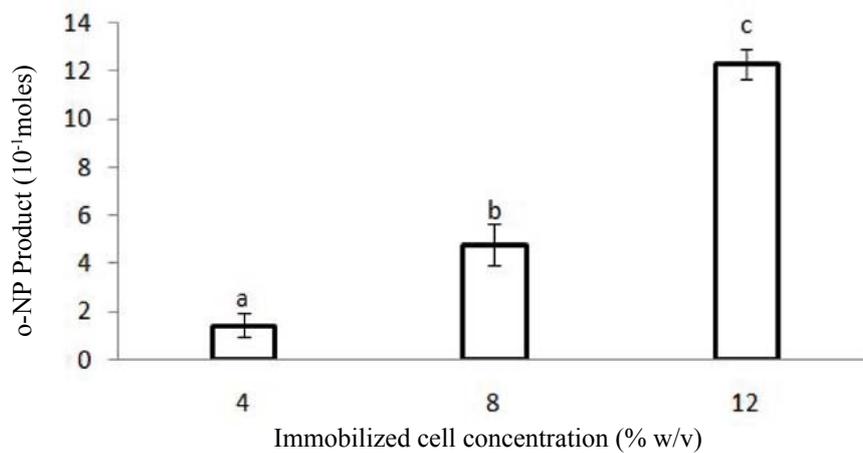


Figure 3 Amount of *o*-NP produced by *L. plantarum* B134 cells at various percentages of immobilized cells. Different letters showed data significantly different based on Duncan's test.

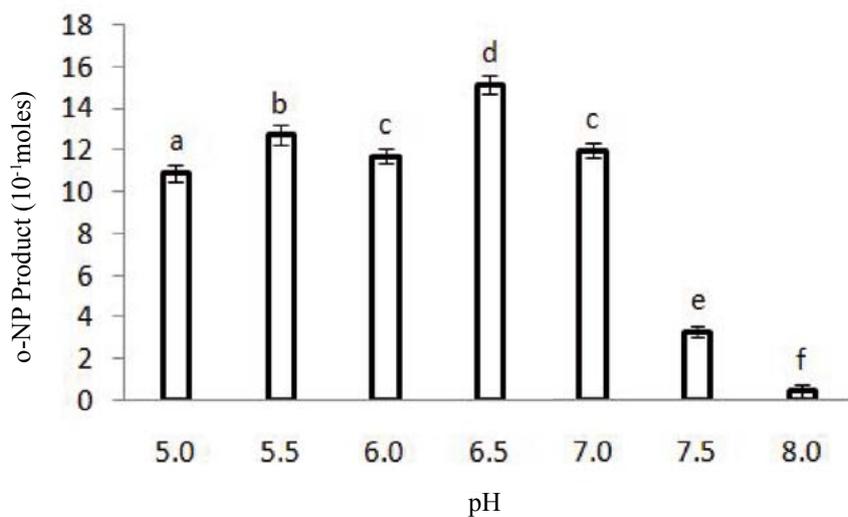


Figure 4 Amount of *o*-NP produced at various pH (immobilized cells). Different letters showed data significantly different based on Duncan's test.

remaining following lactose degradation for various incubation times. The optimum incubation time for lactose hydrolysis of UHT whole milk by free and immobilized cells were 6 h and 12 h, respectively (Fig 7). Likewise, the optimum incubation time for lactose hydrolysis of UHT skimmed milk by free and immobilized cells were the same (9 h) (Fig 8).

The highest percentage of lactose hydrolysis in UHT whole milk using immobilized cells was 85.57% following incubation for 12 h. Similarly, the highest percentage of lactose

hydrolysis in UHT skimmed milk was 92.38% following incubation with immobilized cells for 9 h.

Reusability of immobilized *L. plantarum* B134 cells

In the present study, the immobilized cells were reused four times to hydrolyse lactose in UHT whole and UHT skimmed milk. The extent of reusability of the immobilized cells was determined based on their efficiency in hydrolysing lactose which was indicated by

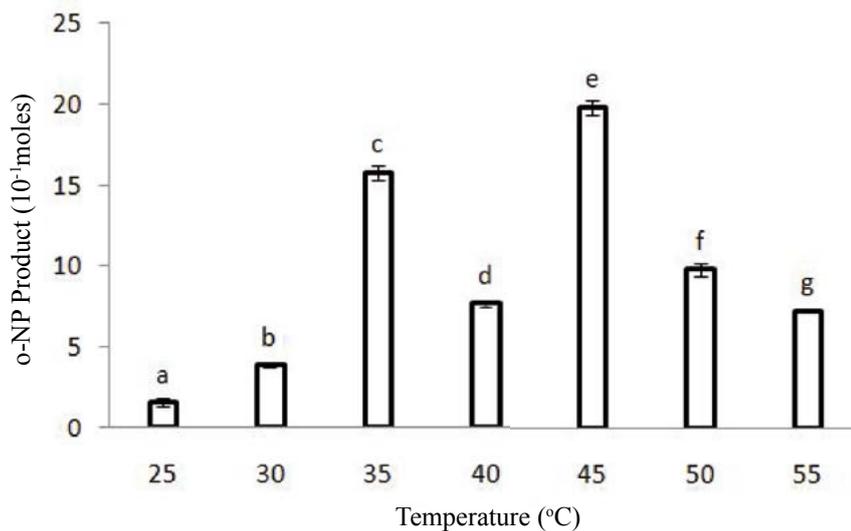


Figure 5 Amount of o-NP produced at various temperatures (immobilized cells). Different letters showed data significantly different based on Duncan's test.

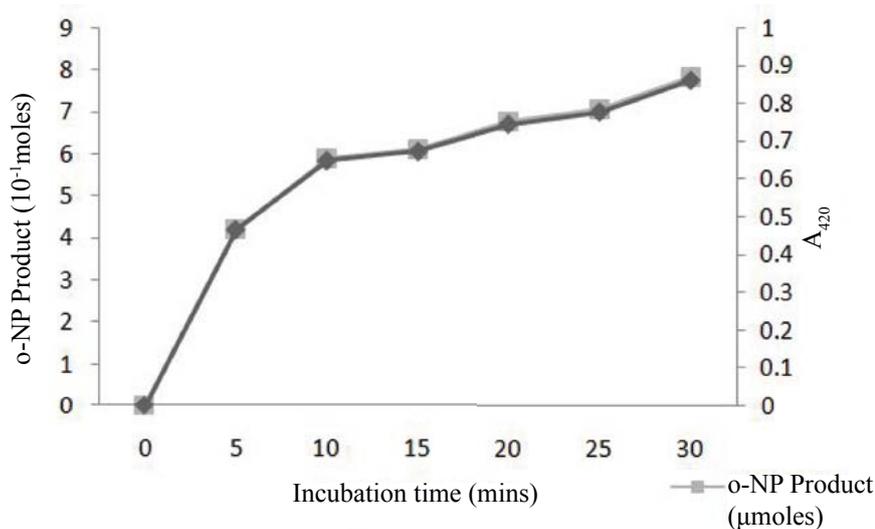


Figure 6 o-NP product in various incubation times (immobilized cells).

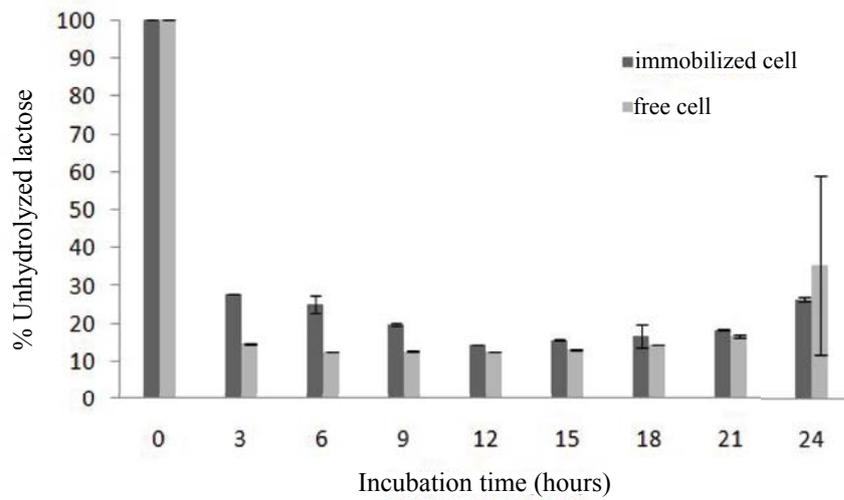


Figure 7 Amount of lactose remaining unhydrolyzed in UHT whole milk over various incubation periods.

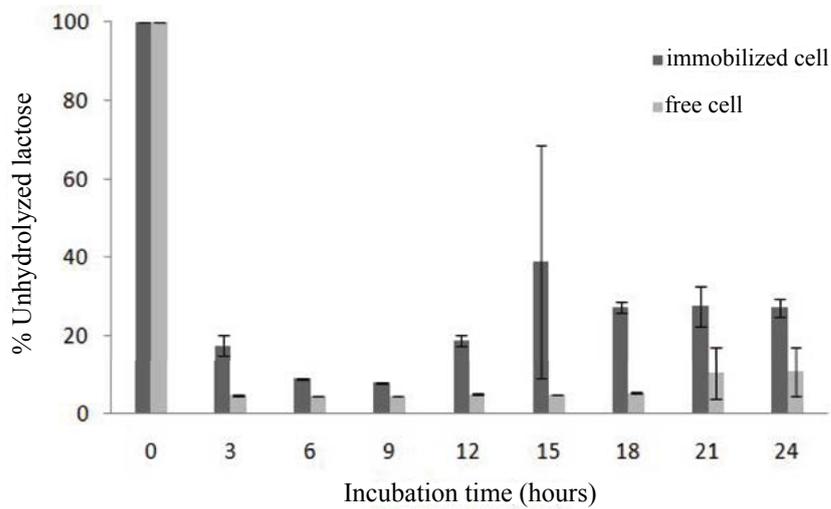


Figure 8 Amount of lactose remaining unhydrolyzed in UHT skimmed milk over various incubation periods.

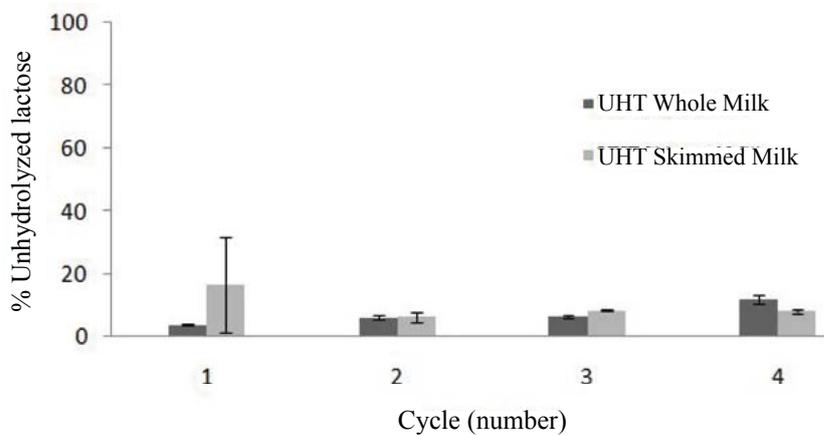


Figure 9 Reusability of immobilized cells.

the percentage of the unhydrolysed lactose remaining following hydrolysis. Results showed that the immobilized cells can be used up to 4 times leaving 11.9% lactose residue in UHT whole milk and 7.6% lactose residue in UHT skimmed milk (Fig 9).

4. DISCUSSION

The shape and size of beads are both critical factors in cell immobilization. Encapsulation of cells in small size unit reduces the resistance of mass transfer caused by encapsulation materials. This condition can improve oxygen and nutrient availability for the cells located inside of the beads. Beads of the correct shape and uniform in size are important to ensure gelling uniformity and to avoid incomplete alginate gel formation (Keshaw *et al.* 2005).

L. plantarum B134 cells immobilized into an alginate matrix can be reused. In this technique cells are entrapped into a rigid matrix in order that the cell cannot break out the matrix while allowing lactose to enter the beads (Illanes *et al.* 2008). A matrix is formed by Ca^{2+} cation reacts with the carboxylate anion of monovalent alginate. Alginate is a linear heteropolysaccharide of D-manuronic acid and L-guluronate (Najafpour *et al.* 2004). Singh and Singh (2012) reported that *Kluyveromyces marxianus* cell can be immobilized by using alginate matrix (5% sodium alginate and 10% CaCl_2). Concentrations of sodium alginate which are too high can reduce the porosity of gel resulting in the cells being retained too rigidly in the gel. In this study, a 12% cell suspension of *L. plantarum* B134 can still be accommodated by an alginate matrix (Fig. 3).

Immobilization efficiency must be considered when immobilizing cells. An immobilization efficiency value can be used to evaluate the capacity of a matrix in entrapping cells (Worsfold 1995). In the present study, the immobilization efficiency of *L. plantarum* B134 cell was 28.95% based on assayable β -galactosidase activity. Ohmiya *et al.* (1977) reported that an immobilization efficiency of *Lactobacillus bulgaricus*, *Escherichia coli*, and *Kluyveromyces lactis* cells immobilized by using polyacrylamide gel was 27-61%. Among these, the immobilization efficiency of *Kluyveromyces lactis* cells was the highest based on the level of β -galactosidase activity retained.

The β -galactosidase assay is influenced by pH, temperature, and incubation time. Ionization conditions between enzyme-substrate are affected by pH. At optimum pH, ionization condition needs to be at the appropriate point making enzyme activity optimum (Nelson and Cox 2008). Meanwhile, temperature affects the collisions between substrate and enzyme molecules in the process of enzyme-substrate complex formation. The pH and temperature for an enzyme assay in immobilized cells is different from those for free cells because the matrix boundary makes the substrate difficult to react with enzyme (Zhou and Chen 2001).

The color complex produced by *o*-NP can be measured using a spectrophotometer. Immobilization of *E. coli* cells by sodium alginate converted 0.72-38.4 mM *o*-NPGal to *o*-NP. The *o*-NP product continues to increase until the substrate reaches 38.4 mM (Yeon and Jung 2010). K_M values for β -galactosidase in immobilized *Lactobacillus bulgaricus*, *Escherichia coli*, and

Kluyveromyces lactis cells were 4.2 mM, 5.4 mM, and 30 mM, respectively (Ohmiya *et al.* 1977). Banerjee *et al.* (1982) reported that K_M value of β -galactosidase in immobilized- and free *Saccharomyces anamensis* cells were 148 mM and 102 mM, respectively.

Reeba *et al.* (2010) showed that milk hydrolysis using yeast cells entrapped in sodium alginate can hydrolyse lactose by up to 87%. Decrease of lactose levels in skimmed milk reached 87.8% after the addition of immobilized *Kluyveromyces marxianus* cells (Panesar 2007). Meanwhile, immobilized cells of *Kluyveromyces marxianus* can reduce lactose in whey by 81.2% (Singh and Singh 2012). Mendoza *et al.* (2005) suggested to provide hydrolysis limit between 80 to 90% for the conversion of lactose in order to avoid excessive sweetness. The taste of skimmed milk after lactose hydrolysis by using β -galactosidase from *Lactobacillus bugaricus*, *Escherichia coli*, and *Kluyveromyces lactis* cells immobilized were almost the same (Ohmiya *et al.* 1997). Jokar and Karbassi (2011) showed that sensory evaluation of lactose-hydrolyzed milk and ordinary UHT milk (as the control) did not show any significant difference in acceptability of sweetness, taste, aftertaste, and color. Galactooligosaccharide (GOS) is one form of products that presence during lactose hydrolysis process. The GOS formed reached maximum about 10.000 mg/L when lactose hydrolysis in commercial UHT milk reached 75-90% (Matute *et al.* 2012).

Immobilized cells can be used repeatedly. In this study, after the four time use, the activity of the immobilized cells decreased (Fig. 9). This can be caused by the fragile bead shape due to heat treatment and friction during the hydrolysis process, allowing cells to

escape from the alginate matrix. Immobilized *Saccharomyces anamensis* cells could retain β -galactosidase activity up to 68.6% and could be stored at 4°C for 28 days (Banerjee *et al.* 1982). The reuse of immobilized cells can decrease activity during batch fermentation. For example, β -galactosidase activity of reused immobilized *Escherichia coli* cells was found to decrease. After the tenth use, the amount of a β -galactosidase activity level retained was only 20% of the initial value. The decrease in activity may be caused by washout of the cells from the alginate gel (Panek *et al.* 2012). Immobilized *Kluyveromyces marxianus* cells could be reused for up to eight cycles for carrying out lactose hydrolysis (Singh and Singh 2012).

5. ACKNOWLEDGEMENT

This research is part of PKPP LIPI RISTEK project. We are grateful to Research Center of Biology, Indonesia Institute of Science for providing funding support.

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