

AMYLASE INHIBITION AND FREE RADICAL SCAVENGING ACTIVITIES OF WHITE TURMERIC EXTRACT AND FRACTIONS

[Penghambatan Enzim Amilase dan Penangkapan Radikal Bebas dari Ekstrak dan Fraksi Kunir Putih]

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ABSTRACT

Diabetes is the most common endocrinal disorder characterized by hyperglycemia and long-term complications. Recently, the development of antidiabetic drugs have focused on natural products with various mechanisms such as the inhibition of α -amylase. White turmeric (*Curcuma mangga* Val) from *Zingiberaceae* family has been reported to have antidiabetic activities, thus the aim of this study was to evaluate the effects of *C. mangga* extracts and fractions as antioxidant and antidiabetic agents through scavenging activities and inhibition of α -amylase. In this study, the antidiabetic activities of four fractions of *C. mangga* extracts (water, hexane, ethyl acetate, butanol), a *C. mangga* extract and butylated hydroxytoluene/antioxidant standard were measured using α -amylase activity assay, while the antioxidant activities of the fractions were measured using 2,2-diphenyl-1-picrylhydrazyl (DPPH) and 2,2'-azino-bis (3-ethylbenzothiazoline-6-sulfonic acid) (ABTS) assays. These fractions were also compared to an antidiabetic drug, acarbose, as a control and butylated hydroxytoluene (BHT), a synthetic antioxidant. For the antioxidant assay, the butanol fraction of *C. mangga* (BCM) showed the highest ABTS-reducing activity ($IC_{50}=24.23 \pm 2.77 \mu\text{g/mL}$), while with the DPPH assay, the ethyl acetate fraction (EACM) had the highest activity ($IC_{50}=83.95 \pm 2.89 \mu\text{g/mL}$) as compared to the other fractions and *C. mangga* extract, but the activities were lower than that of BHT. For the antidiabetic assay, *C. mangga* extract (CME) had the highest α -amylase inhibitory activity ($IC_{50}=363.67 \mu\text{g/mL}$) among other fractions, although lower than acarbose. *Curcuma mangga* fractions (BCM and EACM) had antioxidant activities, while *C. mangga* extract (CME) had a potential as an antidiabetic by *in vitro* studies. Further *in vivo* studies is needed to confirm these findings.

Keywords: amylase, antidiabetic, antioxidant, white turmeric

ABSTRAK

Diabetes merupakan kelainan endokrin yang paling umum ditandai dengan hiperglikemia dan dalam jangka panjang terjadi komplikasi. Perkembangan obat antidiabetes baru-baru ini ditekankan pada produk alami dengan berbagai mekanisme seperti menghambat α -amilase. Kunir putih (*Curcuma mangga* Val.) yang merupakan famili dari *Zingiberaceae* telah dikenal memiliki aktivitas antidiabetes, sehingga penelitian ini bertujuan untuk mengevaluasi efek dari ekstrak dan fraksi *C. mangga* sebagai antioksidan dan antidiabetes melalui aktivitas pemerangkapan dan penghambatan α -amilase. Pada penelitian ini, dilakukan uji aktivitas α -amilase, dari empat fraksi kunir putih (air, heksana, etil asetat, butanol) dan ekstrak kunir putih, sedangkan aktivitas antioksidan dari fraksi tersebut diukur dengan 2,2-difenil-1-pikrilhidrazil (DPPH) dan 2,2'-azino-bis (3-ethylbenzothiazoline-6-sulphonic acid) (ABTS). Fraksi kunir putih juga dibandingkan dengan obat antidiabetes acarbose, sebagai kontrol dan Butylated hidroksitoluena (BHT) antioksidan sintesis sebagai pembanding. Pada uji antioksidan, fraksi butanol dari *C. mangga* (BCM) menunjukkan aktivitas reduksi ABTS paling tinggi ($IC_{50}=24,23 \pm 2,77 \mu\text{g/mL}$), sedangkan pada uji DPPH, fraksi etil asetat (EACM) dari *C. mangga* memiliki aktivitas tertinggi ($IC_{50}=83,95 \pm 2,89 \mu\text{g/mL}$) dibandingkan dengan fraksi *C. mangga* yang lain dan ekstrak *C. mangga* (CME), namun tidak lebih tinggi dibandingkan dengan standar antioksidan (BHT). Pada uji antidiabet, CME memiliki aktivitas tertinggi pada penghambatan α -amilase ($IC_{50}=363,67 \mu\text{g/mL}$) dibandingkan dengan fraksi lain, namun tidak lebih tinggi dibandingkan dengan acarbose. Fraksi *C. mangga* (BCM dan EACM) memiliki aktivitas antioksidan, sementara itu CME memiliki potensi awal sebagai antidiabetes dan diperlukan pengujian lanjut dengan pengujian secara *in-vivo*.

Kata kunci: amilase, antidiabetes, antioksidan, kunir putih

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INTRODUCTION

Antidiabetic drugs aim to maintain blood glucose levels in the normal range and to reduce diabetes associated symptoms such as polyuria, ketoacidosis, weight loss, and dehydration (Derosa and Maffioli, 2012). Recently, several studies have been reported regarding therapies in diabetes that have limited efficacy, limited tolerability and/or significant mechanism based side effects (Rotenstein *et al.*, 2012). The drugs are also expensive and have several adverse effects that make the patients live more miserable.

ROS potentially contributes to type 2 diabetes mellitus (T2DM) via attacking the healthy body cells and damaging their functional and structural integrity, which consequently leads to many pathophysiological conditions (Betteridge, 2000). Oxidative stress is defined as an imbalance between the production of reactive oxygen species (ROS) and the detoxification of their harmful effects through antioxidants (Betteridge, 2000). The clinical studies *in vivo* or *in vitro* have been performed on natural products to evaluate their potential as antidiabetic agents. Most of the natural products including fruits, vegetables, mushrooms, nuts, natural beverages and oils attenuate the pathogenic factors of T2DM and enhance the expression of beneficial genes and proteins required to control T2DM (Alam *et al.*, 2016).

In previous years, natural products exhibited promising results of T2DM management via inhibiting α -amylase and α -glucosidase, sodium dependent glucose transporters, gluconeogenic enzymes, aldose reductases, and advanced glycation end products (AGEs); increasing insulin secretion and activity, glucose uptake, and pancreatic β -cell protection; regulating glucose transporter 4 (GLUT4); reducing oxidative stress; and mimicking insulin action (Alam *et al.*, 2016). The mechanism of acarbose are reversibly binds and inhibits the pancreatic α -amylase and membrane bound intestinal α -glucosidase hydrolases to further inhibit the hydrolysis of complex carbohydrates into glucose in the small intestine. The side effects of acarbose can cause hepatitis, gastrointestinal side effects (flatulence and diarrhea), and its drug interactions can increase its hypoglycemic action (Alam *et al.*, 2016). Therefore, it is needed to identify and explore the amylase inhibitors from natural sources having fewer side effects.

One of medical herbs that has high antioxidant is derived from *Zingiberaceae* family, which is *Curcuma mangga* (white turmeric). Phenolic compounds in *C. mangga* can induce glutathione-S-transferase (GST) enzymes that play a role in detoxification in the body and can suppress oxidative stress. *Zingiberaceae* family was demonstrated to have antidiabetic properties by inhibition of α -glucosidase enzy-

mes (Hasimun *et al.*, 2016). Therefore, the purpose of this study was to evaluate the effect of *C. mangga* extract and fractions as an antioxidant and antidiabetic agent through scavenging activity and inhibition of α -amylase.

MATERIALS AND METHODS

Materials

The plants of *C. mangga* were collected from the plantation in Yogyakarta, Special Region of Yogyakarta, Indonesia.

Preparation of *C. mangga* extract

Extraction was performed based on a maceration method (Widowati *et al.*, 2014; Widowati *et al.*, 2016). *C. mangga* was dried, blanched, and milled then soaked in 70% distilled ethanol and filtered every 24 hours until colorless filtrate was gained. Afterwards, the filtrate was evaporated to obtain ethanol extract using rotary evaporators (Stuart, RE 300). The *C. mangga* extract (CME) was stored at -20°C .

Fractionation of *C. mangga* ethanol extract

Fractionation of *C. mangga* ethanol extract was done using modified partition (Widowati *et al.*, 2011). *C. mangga* ethanol extract (25 g) was partitioned with n-hexane and water (1:1), yielded a hexane fraction of 3.77 g (18.85%), the residue was partitioned with ethyl acetate and water (1:1), yielded an ethyl acetate fraction of 4.62 g (9.24%); the residue was partitioned with butanol and water (1:1), yielded a butanol fraction of 2.40 g (4.8%); and the residue was the water fraction of 11.93 g (23.86%) (Soeng *et al.*, 2015).

Phytochemical screening

The phytochemical assay was conducted on *C. mangga* ethanol extract (CME) using a modified Fransworth method to qualitatively identify the presence of phenols, saponins, steroid/triterpenoids, terpenoids, tannins, flavonoids, and alkaloids (Adnyana *et al.*, 2016).

Phenolic compound identification

A sample (10 mg) was placed on a dropping plate, then 1% FeCl_3 (Merck 1.03861.0250, USA) was added into the sample. The colour formation of green/red/purple/blue/black showed the presence of phenolic contents (Widowati *et al.*, 2016; Adnyana *et al.*, 2016).

Saponin compound identification

Ten milligram of a sample was put into the test tube with some water and boiled for 5 min, and then shaken vigorously. Saponin content was indicated

by persistence of froth on the surface (Adnyana *et al.*, 2016).

Steroid/triterpenoid compound identification

Approximately 10 mg of a sample was put on a dropping plate, then soaked with acetate acid until the sample was covered. After 10-15 min, one drop of absolute sulphate acid (H₂SO₄) (Merck 109073, USA) was added into the sample. The presence of steroid was indicated by formation of green/blue colour. Triterpenoid was indicated by red/orange sediment (Widowati *et al.*, 2016; Adnyana *et al.*, 2016).

Terpenoid compound identification

Approximately 10 mg of a sample was added into a dropping plate, then vanillin and H₂SO₄ were added into the sample. The formation of purple colour on the mixture showed positive reaction of terpenoid compounds (Widowati *et al.*, 2016; Adnyana *et al.*, 2016).

Tannin compound identification

Approximately 10 mg of a sample was added with 2 mL of HCl 2N (Merck, 1003171000) into a test tube. Briefly, the mixture was heated for 30 min on a water bath. Afterwards, the mixture was cooled down and filtered. Subsequently, the filtrate was added with amyl alcohol (Merck, 10979). Tannins were indicated by purple colour formation (Widowati *et al.*, 2016; Adnyana *et al.*, 2016).

Flavonoid compound identification

A sample (10 mg) was added into a test tube, then HCl 2N and Mg (Merck, EM105815) was also added. The mixture was heated for 5 to 10 min then cooled down and filtered. Amyl alcohol was added into the filtrate. The formation of red or orange colour indicated the presence of flavonoids (Adnyana *et al.*, 2016).

Alkaloid compound identification

Ten miligram of a sample was introduced into a test tube, then 10% ammonia was added into the sample. Chloroform (Merck 1.024.452.500, USA) was added to the mixture, so it formed two layers of liquid and the bottom layer was collected. HCl 1N was added to the liquid, forming two layers, and the upper layer collected and added with 1 drop to 2 drops of draggendorf solution. The positive result was indicated by the presence of yellow colour (Adnyana *et al.*, 2016).

DPPH scavenging activity

Fifty μ L of samples/extract and acarbose (as a positive control) with various levels (400.00; 200.00; 100.00; 50.00; 25.00; 12.50; 6.25 μ g/mL) was added in to 96-well microplates and 200 μ L of 0.077 mmol 2,2-Diphenyl-1-picrylhydrazil (DPPH) solution (Sig-

ma, D9132) in dimethyl sulfoxide (DMSO) (Merck, 1.029.521.000) was added. DMSO (250 μ L) was added in blank well, for control, 250 μ L of 0.077 mmol DPPH was added in control well. The plate was incubated in a dark room for 30 min at room temperature. Absorbance was measured using a microplate reader (Multiskan™ GO Microplate Spectrophotometer, Thermo Scientific, Waltham, MA, USA) at 517 nm (Widowati *et al.*, 2016). The DPPH scavenging activity (%) was calculated as follows:

$$\text{DPPH Scavenging Activity (\%)} = \frac{A_c - A_s}{A_c} \times 100$$

where, A_s = sample absorbance, A_c = negative control absorbance (without sample).

ABTS-reducing activity assay

ABTS reducing activities were measured using 2,2'-Azinobis-(3-ethylbenzothiazoline-6-sulfonic acid) (ABTS•+) (Sigma, A1888-2G) diammonium salt-free radical assay (Widowati *et al.*, 2014) (Widowati *et al.*, 2016). ABTS•+ solution was produced by reacting 14 mM ABTS and 4.9 mM potassium persulfate (Merck, EM105091) (1:1 volume ratio) for 16 h in dark condition at room temperature, then the mixture was diluted with 5.5 mM Dulbecco's Phosphate Buffer Saline (DPBS) (pH 7.4) (Gibco, 1740576) until the absorbance of the solution was 0.70±0.02 at wavelength 745 nm. In brief, 2 μ L of various levels of samples (20.00; 10.00; 5.00; 2.50; 1.25; 0.625; 0.3125 μ g/mL) were added to each well at 96-well microplate, then the fresh 198 μ ABTS•+ solution were added into the samples. The absorbance was measured at 745 nm after the plate incubated for 6 min at 30°C. The percentage inhibition of ABTS radical (%) was determined by the ratio of reducing of ABTS•+ absorbance in the presence of the sample relative to the absorbance in the absence of the sample (negative control). The median Inhibitory Concentration (IC₅₀) were also calculated (Widowati *et al.*, 2016; Etoundi *et al.*, 2010).

The α -Amylase inhibitory activity assay

The α -amylase inhibitory activity assay using a modified method (Gondokesumo *et al.*, 2017). Starch 1% (20 μ L), buffer sodium phosphate (20 μ L), and samples (10 μ L) in various levels (133.33; 66.67; 33.33; 16.67; 8.33; 4.17; 2.08 μ g/mL) were added into sample well, DMSO was used as a blank, incubated at 37°C for 3 min. After preincubation, 10 μ L of alpha amylase enzymes (Sigma, A7595) was added into each well, except for blank well. The mixture was incubated at 37°C for 15 min. Enzymatic reaction was stopped by adding acidic iodine solution in each well. The absorbance was measured at 565 nm wavelength. The inhibition percentage of α -amylase was calculated according to the equation 1.

$$\% \text{ Inhibition} = \frac{C-S}{C} \times 100 \dots\dots\dots (1)$$

where, C = Absorbance of control, S = Absorbance of sample.

Statistical analysis

Data was presented as mean \pm standard deviation. To compare treatments, analysis of variance (ANOVA) was used, and $P < 0.05$ was considered as statistically significant, along with Duncan Post-Hoc Test significant and 95% confidence interval. The median inhibitory concentration (IC_{50}) was measured to determine the inhibitory activities of α/β -glucosidase, α -amylase, according to linear regression. SPSS version 20.0 program was used for statistical analysis.

RESULTS AND DISCUSSIONS

Phytochemical screening extract and fractions of *C. mangga*

Phytochemical screening extract and fractions of *C. mangga* were shown in Table 1. Based on Table 1, steroids were not detected in all fractions of *C. mangga*, while triterpenoids were abundant in HCM and EACM. HCM had high content of terpenoids, BCM had high content in alkaloids. Phenolic content was a little in CME and BCM, while in others was not detected. Phenols, saponins, and tannins were not detected in HCM and EACM. CME and BCM had all contents except steroids. However, BCM had higher contents compared to CME, based on this qualitatively method. Phenolic compounds are considered as a major group of compounds that contributes to the antioxidant activities of botanical materials because of their scavenging ability on free radicals due to their hydroxyl groups (Wenzig *et al.*, 2008).

Plants which contain elevated levels of phenols are considered a good source of antioxidants and therefore it is important to quantify phenolic and fla-

vonoid contents in plant extracts as they might have many advantageous effects on health (Gulati *et al.*, 2012). Some bioactive compounds from different plants such as *C. mangga* have a hypoglycemic effect through inhibition of α -amylase, in that mostly phenolics, triterpenoids, and flavonoids have a potential as antidiabetic agents (Tundis *et al.*, 2010) (Brahmachari *et al.*, 2011). In other study, some phenolic and flavonoid compounds were reported to be effective on human α -amylase inhibitors (Matsui *et al.*, 2001).

ABTS-reducing activity

ABTS-reducing activities of extract and fractions of *C. mangga*, butylated hydroxytoluene, and acarbose are shown in Figure 1 and Table 2. Based on Figure 1, BHT had the highest activity (64.33%) compared to the other fractions and *C. mangga* extract. Acarbose had the lowest activity with percentage of 8.92%. Among all fractions of *C. mangga* extract, the highest activity was BCM (38.65%). Based on Table 2, BHT had the lowest IC_{50} value ($14.02 \pm 0.13 \mu\text{g/mL}$) compared to the other fractions and extract of *C. mangga*. Among all *C. mangga* fractions, BCM had the lowest IC_{50} value ($24.23 \pm 2.77 \mu\text{g/mL}$), while WCM had the highest IC_{50} value ($127.48 \pm 6.22 \mu\text{g/mL}$). This indicated that BCM had the highest activity in reducing of ABTS compared to WCM.

Table 2. IC_{50} values of ABTS-reducing activity of extract and fractions of *C. mangga*, butylated hydroxytoluene, and acarbose

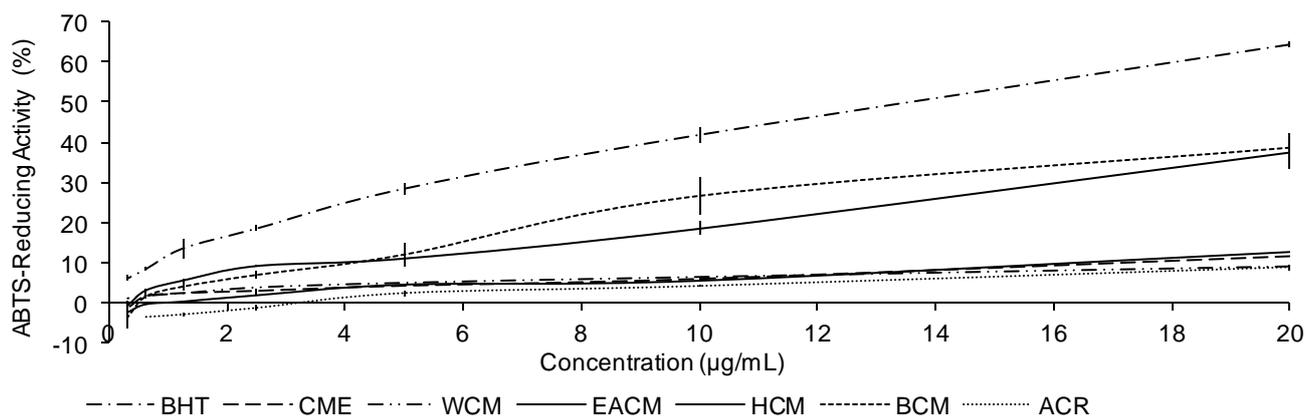
Samples	Average of IC_{50} ($\mu\text{g/mL}$)
BHT	14.02 ± 0.13
CME	90.65 ± 6.74
WCM	127.48 ± 6.22
EACM	27.37 ± 2.23
HCM	76.27 ± 13.06
BCM	24.23 ± 2.77
ACR	81.20 ± 5.17

Note: Data was presented by mean \pm standard deviation. This research was conducted in triplicate for each treatment

Table 1. Phytochemical screening extract and fractions of *C. mangga*

Contents	CME	WCM	BCM	HCM	EACM
Steroids/Triterpenoids	-/+	-/+	-/+++	-/+++++	-/++++
Terphenoids	++	+	++	++++	+++
Phenols	+	-	+	-	-
Saponins	++	++	++	-	-
Tannins	+++	+	++	-	-
Flavonoids	+	++	++	+	-
Alkaloids	+	-	++++	+++	++

Note: +++++= very high content; ++++= high content; +++ = moderate content; ++= low content, += very low content; -= not detected CME= *C. mangga* Extracts; WCM= Water fraction of *C. mangga*; BCM= Butanol fraction of *C. mangga*; HCM= Hexane fraction of *C. mangga*; EACM= ethyl acetate fraction of *C. Mangga*



Note: This research was conducted in triplicate for each treatment

Figure 1. ABTS-reducing activity of extract and fractions of *C. mangga*, butylated hydroxytoluene, and acarbose

In other study, flavonoids in *C. mangga* rhizome extracts had antioxidant activity that can act as a free radical scavenger (ROS) caused by aloxan (Madiah *et al.*, 2016). Polyphenols such as flavonoids had free radical scavenging activity and can decrease oxidative stress (Patel *et al.*, 2011). Butanols in *C. mangga* fraction (BCM) had the highest content compared to CME based on this qualitatively method (Table 1). Butanol fraction exhibited strong antioxidant activities in ABTS, FRAP and DPPH assays compared to other fractions and extracts (Jaitak *et al.*, 2010). BCM had a lot of compounds, this might affect in ABTS reducing activity. Butyl Hydroxy Toluene (BHT) is a synthetic antioxidant that has a side effect by producing toxins or acting as a carcinogen (Shasha, 2014), therefore BCM has a potential to be a source of natural antioxidants that can be useful as an alternative of synthetic antioxidants. Other study demonstrated that phenolic compounds were contributors to the antioxidant activity in the plants. Antioxidants could scavenge free radicals which contributed to the pathogenesis of DM (Angel *et al.*, 2013).

DPPH scavenging activity

DPPH scavenging activities of extract and fractions of *C. mangga*, butylated hydroxytoluene, and acarbose were presented in Figure 2 and Table 3. Based on Figure 2, the highest presentation was BHT (92.72%) that slightly comparable with EACM (92.69%). Among all *C. mangga* fractions, EACM had the highest activity compared to the other fractions. The lowest DPPH scavenging activity was Acarbose (ACR) (25.66%). This indicated that EACM also had good antioxidant activities. Based on Table 3, BHT, as a marker compound, had the lowest IC_{50} value (76.55 ± 2.84 µg/mL), while ACR had the highest IC_{50} value of 1102.35 ± 79.17 µg/mL. Among all *C. mangga* fractions, EACM had the lowest IC_{50} value (83.95 ± 2.89 µg/mL) compared to

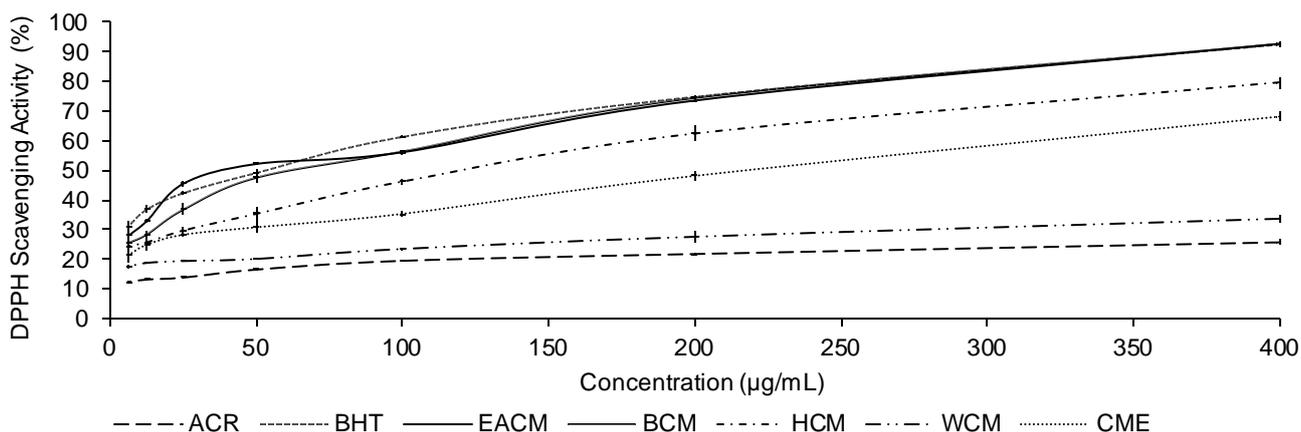
the other fractions. Overall, EACM had the highest DPPH scavenging activity compared to the other compounds and *C. mangga* fractions. Based on the DPPH scavenging activity, EACM had less activity compared to BHT. This indicated that the fractions of *C. mangga*, especially EACM had good antioxidants compared to CME. In other study, *C. mangga* with blanching method had higher DPPH scavenging activity compared to *C. mangga* fresh rhizome in all solvent (Pujimulyani *et al.*, 2010).

Flavonoid compounds in *C. mangga* may be able to repair body in various mechanisms, one way is by increasing catalase enzymes to break down peroxide hydrogen to become oxygen and water that are not dangerous in cells and cell growth. Flavonoid exposure in cells can decrease ROS by restoring cell integrity and increasing the viability of a cell (Patel, 2008). The repairment of pancreas histological structure was thought to be due to the flavonoid compounds contained in the rhizome extract of *C. mangga* that were able to bind and reduce the amount of ROS, the cause of necrosis in pancreatic β cells (Madiah *et al.*, 2016). The ethyl acetate solvents were compatible for extracting phenolic compounds (Rohman *et al.*, 2006).

Table 3. IC_{50} values of DPPH scavenging activity of extract and fractions of *C. mangga*, butylated hydroxytoluene, and acarbose

Samples	Average of IC_{50} (µg/mL)
BHT	76.55 ± 2.84
CME	230.94 ± 11.11
WCM	792.73 ± 86.90
EACM	83.95 ± 2.89
HCM	160.28 ± 5.88
BCM	103.38 ± 4.34
ACR	1102.35 ± 79.17

Note: Data was presented by mean \pm standard deviation. This research was conducted in triplicate for each treatment



Note: This research was conducted in triplicate for each treatment

Figure 2. DPPH scavenging activity of extract and fractions of *C. mangga*, butylated hydroxytoluene, and acarbose

Alpha-Amylase inhibitory activity

Alpha-amylase enzymes that play a role in digestion of starch and glycogen and inhibit these enzymes are a strategy for the treatment of disorders in carbohydrate uptake such as diabetes and obesity (Sales *et al.*, 2012). Alpha-amylase inhibitors are among the drugs that reduce hyperpostprandial blood glucose by inhibiting the hydrolysis of the starch (Gulati *et al.*, 2012).

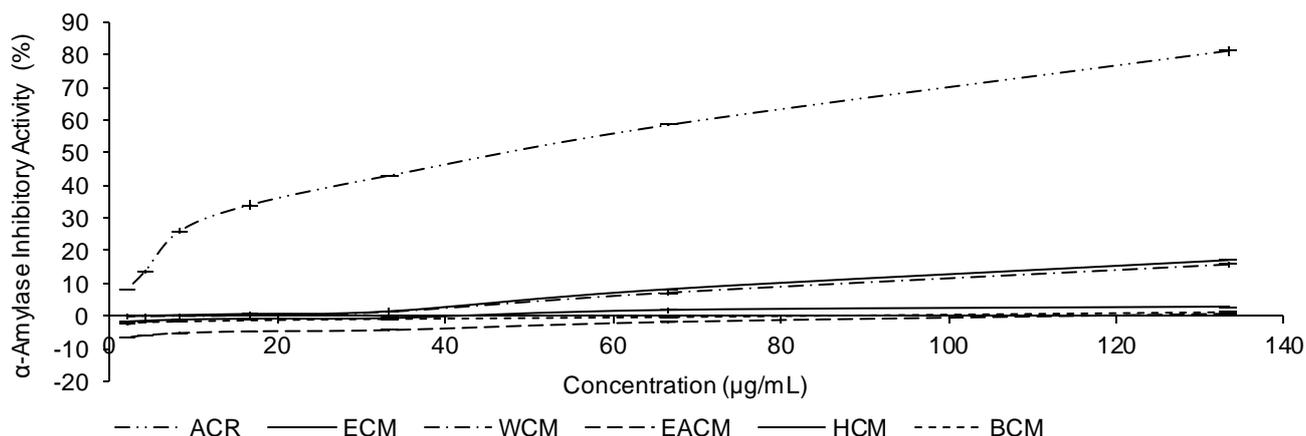
Alpha-amylase inhibitory activity was found to maximum in water extract followed by ethanol extract and hydroalcohol extract (Kamtekar *et al.*, 2014). Alpha-amylase inhibitory activity of extract and fractions of *C. mangga* and acarbose are presented in Figure 3 and Table 4. Based on Figure 3, CME fraction of *C. mangga* showed the highest inhibition activity in α -amylase (17.10%), while the lowest value was EACM (0.71%). CME had high activity but not higher than ACR as a positive control (81.13%). Acarbose is one such commercial diabetic drug which exerts glycemic control by its α -amylase inhibitory activity (Chinese Diabetes Society, 2014). The lowest IC_{50} value was ACR as a control with value of 61.69 ± 0.71 μ g/mL. CME also had the lowest value (363.67 ± 4.80 μ g/mL) compared to the other fractions. CME had high inhibitory activity of α -amylase but not higher than ACR. In other study, *C. mangga* had moderate activity in inhibition against α -glucosidase enzymes with IC_{50} value of 121.4 μ g/mL, while the highest activity was *C. longa* (28.4 μ g/mL) compared to other *Zingiberaceae* plants (Hasimun *et al.*, 2016). The α -glucosidase and α -amylase enzymes played an important role in mechanism of breakdown of oligo and/or disaccharide to monosaccharides (Rhabasa and Chiasson, 2004).

Table 4. IC_{50} Values of α -amylase inhibitory activity of extract and fractions of *C. mangga*, and acarbose

Samples	Average of IC_{50} (μ g/mL)
CME	363.67 ± 4.80
WCM	391.78 ± 8.54
EACM	840.83 ± 5.26
HCM	1327.23 ± 10.92
BCM	1944.00 ± 46.15
ACR	61.69 ± 0.71

Note: Data was presented by mean \pm standard deviation. This research was conducted in triplicate for each treatment

C. mangga was detected having many compounds (quercetin-3-rutinoside and quercetin) that was known to have a potential as a herbal medicine (Pujimulyani *et al.*, 2012). Their medicinal properties were correlated with the presence of phytochemicals such as phenolics in the rhizomes (Angel *et al.*, 2013). The medicinal plants or natural products involved in retarding the absorption of glucose by inhibiting the carbohydrate hydrolyzing enzymes, such as pancreatic amylase. The inhibition of this enzyme delay carbohydrate digestion and prolong overall carbohydrate digestion time, resulting in the reduction in glucose absorption rate and consequently dulling the postprandial plasma glucose rise. Several indigenous medicinal plants had a high potential in inhibiting α -amylase enzyme activity (Prasanth *et al.*, 2001). Although the main purpose of α -amylase inhibition was to slow down maltose and glucose production, it could also slow α -glucosidase function by eliminating the substrate of this enzyme (Joshi *et al.*, 2015).



Note: This research was conducted in triplicate for each treatment

Figure 3. The α -Amylase inhibitory activity of extract and fractions of *C. mangga* and acarbose

Zingiberaceae family (Turmeric) as inhibitors of α -glucosidase and α -amylase enzyme could be used as phytonutrients to prevent glucose intolerance and obesity causing insulin resistance, especially in populations with a large proportion of carbohydrates consumption. However, *C. mangga* extracts would be greatly beneficial to reduce the rate of digestion and absorption of carbohydrates and thereby contributed to effective management of diabetes by decreasing the postprandial hyperglycemia (Hasimun, *et al.*, 2016). In other report, the inhibitors of α -amylase could delay the breaking down of carbohydrate and diminish the postprandial blood glucose excursion in a person suffering from diabetes (Wulan *et al.*, 2015). It was suggested that *C. mangga* might have a hypoglycemic potential through the inhibition of pancreatic α -amylase (Wulan *et al.*, 2015). The mechanism of *C. mangga* as an inhibitor of α -amylase (carbohydrate digesting enzymes), now is actively searching for the medicine against diabetes (Tundis *et al.*, 2010).

The compounds of *C. mangga* might be highly lipophilic and easily cross membranes and exert its pharmacological effects such as inhibiting α -amylase enzymes. *Curcuma* plants like *C. mangga* contained curcuminoids and sesquiterpenoids that showed synergistic antihyperglycemia effects via PPAR- γ activation (Nishiyama *et al.*, 2005). The other result of a study showed that *Zingiberaceae* plants, *C. xanthorrhiza* and *Z. cassumunar*, had an antihyperglycemia effect by inhibiting α -glucosidase enzymes (Hasimun *et al.*, 2016).

CONCLUSIONS

The fractions of *C. mangga* had antioxidant properties. BCM and EACM showed the highest antioxidant activities among all fractions as indicated by ABTS activity of BCM (IC_{50} = 24.23 μ g/mL) and

DPPH activity of EACM (IC_{50} = 83.95 μ g/mL). In antidiabetic activity, *C. mangga* extract showed the highest α -amylase inhibitory activity (IC_{50} = 363.67 μ g/mL) among all fractions of *C. mangga*. However, butanol and ethyl acetate fractions of *C. mangga* and *C. mangga* extract exhibited their antioxidant activities and also had antidiabetic effects by inhibiting the α -amylase enzymes.

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